

Are You a Starseed? A Fun Self-Discovery Quiz

Instructions: For each question, circle or mark your answer.

3 Points = Often 2 Points = Sometimes 1 Point = Rarely 0 Points = Never

1. Have you felt different from most people since childhood?

Often Sometimes Rarely Never

2. Do you feel unusually drawn to the stars, planets, or the night sky?

Often Sometimes Rarely Never

3. Do crowds, conflict, or chaotic environments drain your energy?

Often Sometimes Rarely Never

4. Have you always felt there is a deeper purpose to your life?

Often Sometimes Rarely Never

5. Do you experience strong intuition or 'just know' things before they happen?

Often Sometimes Rarely Never

6. Do people naturally come to you for advice, comfort, or healing?

Often Sometimes Rarely Never

7. Have you ever felt homesick for a place you cannot identify?

Often Sometimes Rarely Never

8. Do you frequently question societal norms and wonder why things are done a certain way?

Often Sometimes Rarely Never

9. Do you feel deeply connected to nature, animals, or the Earth?

Often Sometimes Rarely Never

10. Have you had vivid dreams involving other worlds, beings, star systems, or unexplained experiences?

Often Sometimes Rarely Never

11. Do you feel like you're here to help others awaken, heal, or grow?

Often Sometimes Rarely Never

12. Do synchronicities (meaningful coincidences) seem to happen frequently in your life?

Often Sometimes Rarely Never

13. Do you often feel more mature, wise, or aware than your peers?

Often Sometimes Rarely Never

14. Have you ever had an unexplained spiritual, mystical, or paranormal experience?

Often Sometimes Rarely Never

15. Do you believe humanity is going through a period of spiritual transformation?

Often Sometimes Rarely Never

Scoring Your Results

0–15 Points — Grounded Explorer

You may enjoy spiritual topics but do not strongly resonate with Starseed characteristics.

16–25 Points — Cosmic Curious

You share several traits commonly associated with Starseed teachings and may be exploring deeper spiritual questions.

26–35 Points — Awakening Soul

Many Starseed communities would say you possess strong Starseed-like qualities and a heightened sense of purpose and intuition.

36–45 Points — Cosmic Messenger

You strongly resonate with many Starseed characteristics. You may feel called toward healing, teaching, helping others, or expanding consciousness.

Which Starseed Energy Resonates Most?

Pleiadian Energy

Loving • Compassionate • Healer • Community Builder

Sirian Energy

Spiritual Teacher • Knowledge Seeker • Intuitive Leader

Arcturian Energy

Problem Solver • Systems Thinker • Interested in Energy and Technology

Andromedan Energy

Independent • Creative • Adventurous • Future Focused

Indigo Energy

Challenges Old Systems • Questions Authority • Here to Create Change

Discussion Question

What if being a Starseed isn't about where you came from, but about how you choose to show up in the world?

This quiz is intended for self-reflection and entertainment. Starseed concepts are spiritual beliefs and are not scientifically verified.